



# CALLAGHAN COUNTRY

## *Routes of wilderness*

### *Winter Packing List*

#### *Clothing*

Winter boots

Wool and / or synthetic socks

Base layer (top & bottoms) – synthetic, wool, or silk

Mid-insulation layer, top – wool / fleece / synthetic fill sweater / turtleneck

Mid-insulation layer, bottoms – fleece or multi-purpose pants

Light wind shell – windproof, water resistant layer for high aerobic work

Weather layer jacket and pants – Gore-Tex or other waterproof breathable jacket and pants

Warm jacket – down or synthetic

Toque (winter hat) – wool, fleece or synthetic

Brimmed cap – preferably wool or synthetic

Face warmer – scarf, neck tube, face mask

Light gloves – wool, synthetic or leather

Insulated gloves or mitts – wool or synthetic, with weather proof outer shell

Gaiters

#### *Personal Equipment*

Daypack, goggles, sunglasses, ski helmet, head lamp or flash light, insulated water bottle or

Thermos, pocket knife, camera & film, whistle, lighter or matches, lodge slippers, toiletries

#### *Ski Equipment*

Ski Tourers: 457 MHz avalanche transceiver, spare batteries, avalanche shovel, probe, climbing skins, skis or snowboard (the fatter the better), boots, and poles (and snowshoes for snowboarders without split boards)

Cross Country Skiers: track or skating skis, boots and poles, waxes

#### *Personal Repair Kit*

Extra binding screws, spare bale or cable, spare basket, duct tape, wire / string, pocket knife, ski wax, skin glue, screwdriver, steel wool, waterproofing for boots

#### *Personal First Aid Kit*

Medical tape, band-aids, tensor bandages, sunscreen, lip balm, safety pins, personal medications, blister prevention, anti inflammatory, antihistamines

#### *Recommended*

Topographical map (Brandywine Falls 92/J3 Scale 1:50,000), compass, cell phone (coverage may not be available in all areas or weather conditions)

#### *Items Frequently Forgotten by past Guests (hint, hint!)*

Head lamp or flashlight; water bottle; extra batteries for transceivers; toiletries

## *Equipment Rentals*

### *Cross Country Ski and Snowshoe equipment*

- We have several sets of classic track skis available for rent, along with boots, and poles (\$22.00 per person, per day).
- We have several sets of light touring skis and Salomon backcountry 6 boots available for rent. (\$22.00 per person, per day)
- We have a few sets of snowshoes available at the lodge. We do not provide winter boots for the snowshoes - please bring your own. If you would like to reserve your own personal set of snowshoes for your stay the price is \$16.00 per person, per day.
- Should we not have the appropriate equipment sizing available for you, we can help to coordinate the necessary rental equipment through **Cross Country Connection**, conveniently located at our base! For information about Cross Country Connection visit [www.crosscountryconnection.bc.ca](http://www.crosscountryconnection.bc.ca) or call 604.964.2454.

### *Backcountry Safety equipment*

- We do not have avalanche transceivers, probes, shovels or day packs available for rent. Backcountry safety equipment can be rented locally through **the Escape Route** in Whistler's Marketplace, across from the I.G.A. grocery store (604.938.3228 / [www.escaperoute.net](http://www.escaperoute.net)). You will need to pick up and pay for your own rental equipment.
- All guests hiring an A.C.M.G. guide through the Whistler Alpine Guides Bureau will have the use of an avalanche transceiver, probe and shovel for the duration of their guided ski touring adventure.
- Please note that you will need to provide your own batteries for the transceivers (2 x AA or 3 x AAA depending on the model).

### *Telemark and alpine ski / board touring equipment*

- We coordinate all telemark, alpine ski and snowboard equipment rentals through **the Escape Route** in Whistler. They have a variety of alpine touring, telemark skis, and Prior splitboard snowboards available, as well as touring boots, climbing skins and 2 and 3-stage poles.
- You will need to visit the Escape Route prior your lodge departure in order to pick up and pay for your rental equipment. The Escape Route is located in Whistler's Marketplace, across from the I.G.A.

